Dear Parents,

## Circular on Track and Field Training for School Sports Team

Providing all-round education for our students is one of our aims. We encourage students to participate in various types of competitions and activities. Your child is selected for the school sports team, and will have a chance to represent the school in competitions. All students from the following school teams need to have regular physical fitness/specific group training. Details are as follows:

| Period for physical fitness/specific group training | Groups | Days of the week | Time |
| :---: | :---: | :---: | :---: |
| $\begin{gathered} 18^{\text {th }} \text { September, } 2023 \\ \text { to } \\ 30^{\text {th }} \text { October, } 2023 \end{gathered}$ | Athletics | Mondays to Fridays | 7:45 a.m. to 8:05 a.m. |
|  | Athletics <br> (Separate events) | Mondays to Wednesdays and Fridays | 2:15 p.m. to 3:15 p.m. |
| ```1st November, 2023 to 15th}\mathrm{ December, 2023 and 26 th February, 2024 to 31 st May, 2024``` | Athletics | Wednesdays and Fridays | 2:15 p.m. to 3:15 p.m. |

The training will be cancelled on special school days or when classes are suspended. If the training venue is located outside the school, our school teachers will take the students there. For enquiries, please contact our Physical Education Panel Chairperson, Mr. Cheung Kwan To.

Yours faithfully,


## Circular on Track and Field Training for School Sports Team

Dear Principal,

I acknowledge the information of the circular.
Parents Remarks (if any): $\qquad$

Student's Name: $\qquad$
Class: $\qquad$
Parent's Signature: $\qquad$
Date: $\qquad$

